

# CHF

Does living with  
**Congestive Heart Failure**  
affect your daily life?

We can help.

## TARGETING A HIGHER QUALITY OF LIFE

AIM is a palliative medicine consultative service for anyone living with a serious illness, like CHF. Care is provided by a palliative medicine provider with expertise in symptom management, supported by chaplain and medical social work services.

Your palliative medicine provider works closely with your physician, cardiologist and other specialists to provide an extra layer of support.



# AIM

ADVANCED  
ILLNESS  
MANAGEMENT  
PALLIATIVE MEDICINE

Find out how AIM  
can improve your  
quality of life ▶ ▶ ▶

## CONGESTIVE HEART FAILURE

Over six million Americans have some form of Congestive Heart Failure, and it is the leading cause of hospitalization for people over 65. CHF may also result in:

- anxiety
- shortness of breath
- sleeping too long
- need for medicine adjustments
- complex medical decisions

### How can AIM help?

- Your palliative medicine provider visits you in your home and learns how CHF affects you.
- Together we will develop a customized care plan based on what is important to you and those you love.
- Your palliative medicine provider will help you navigate through complex healthcare decisions that will help with symptom management, relieving pain and stress related to the illness.
- Your palliative medicine provider does not take the place of your physician. Instead, our team coordinates care with your physician to provide an extra layer of support.

### How can I get AIM services?

Ask your physician for a referral or call 828.754.0101 to get more information.

### Who pays for AIM?

Medicare, Medicaid, and most private insurance companies pay for palliative medicine providers. AIM services are provided regardless of ability to pay.

**To discuss resources available to you, call us at 828.754.0101, visit [www.caldwellhospice.org](http://www.caldwellhospice.org), or discuss concerns with your physician.**



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*AIM is a collaboration between  
Caldwell UNC Health Care and  
Caldwell Hospice and Palliative Care.*